

2010

JULY

2010

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JULY-AUG

2010

Morning	BOSTON	Afternoon	Morning	BOSTON	Afternoon
HIGH 11:29 Height 9.6 LOW 5:17 Height -0.7 Sunrise 5:18	SUNDAY <b>11</b> NEW MOON	HIGH 11:39 Height 11.6 LOW 5:26 Height 0.3 Sunset 8:22	HIGH 5:06 Height 10.1 LOW 11:14 Height 0.0 Sunrise 5:24	SUNDAY <b>18</b> FIRST QUARTER	HIGH 5:35 Height 10.8 LOW 11:53 Height 0.1 Sunset 8:18
HIGH — Height — LOW 6:07 Height -1.1 Sunrise 5:19	MONDAY <b>12</b>	HIGH 12:20 Height 10.0 LOW 6:18 Height -0.1 Sunset 8:21	HIGH 6:08 Height 9.6 LOW — Height — Sunrise 5:25	MONDAY <b>19</b>	HIGH 6:33 Height 10.6 LOW 12:11 Height 0.5 Sunset 8:17
HIGH 12:31 Height 11.8 LOW 6:56 Height -1.3 Sunrise 5:20	TUESDAY <b>13</b>	HIGH 1:10 Height 10.4 LOW 7:11 Height -0.4 Sunset 8:21	HIGH 7:12 Height 9.1 LOW 12:56 Height 0.3 Sunrise 5:26	TUESDAY <b>20</b>	HIGH 7:33 Height 10.4 LOW 1:09 Height 1.0 Sunset 8:16
HIGH 1:23 Height 11.8 LOW 7:46 Height -1.4 Sunrise 5:20	WEDNESDAY <b>14</b>	HIGH 2:01 Height 10.7 LOW 8:04 Height -0.6 Sunset 8:20	HIGH 8:16 Height 8.9 LOW 2:00 Height 0.4 Sunrise 5:26	WEDNESDAY <b>21</b>	HIGH 8:32 Height 10.3 LOW 2:09 Height 1.2 Sunset 8:15
HIGH 2:16 Height 11.6 LOW 8:36 Height -1.3 Sunrise 5:21	THURSDAY <b>15</b>	HIGH 2:52 Height 10.9 LOW 8:58 Height -0.6 Sunset 8:20	HIGH 9:17 Height 8.8 LOW 3:01 Height 0.4 Sunrise 5:27	THURSDAY <b>22</b>	HIGH 9:29 Height 10.3 LOW 3:06 Height 1.3 Sunset 8:14
HIGH 3:11 Height 11.2 LOW 9:27 Height -1 Sunrise 5:22	FRIDAY <b>16</b>	HIGH 3:44 Height 11.0 LOW 9:54 Height -0.4 Sunset 8:19	HIGH 10:13 Height 8.8 LOW 3:58 Height 0.4 Sunrise 5:28	FRIDAY <b>23</b>	HIGH 10:21 Height 10.3 LOW 4:00 Height 1.3 Sunset 8:14
HIGH 4:07 Height 10.7 LOW 10:19 Height -0.5 Sunrise 5:23	SATURDAY <b>17</b>	HIGH 4:39 Height 10.9 LOW 10:53 Height -0.2 Sunset 8:18	HIGH 11:03 Height 9.0 LOW 4:48 Height 0.3 Sunrise 5:29	SATURDAY <b>24</b>	HIGH 11:08 Height 10.3 LOW 4:49 Height 1.2 Sunset 8:13
JULY			JULY		

Eastern Standard Time - Corrected For Daylight Saving Time

Morning	BOSTON	Afternoon	Morning	BOSTON	Afternoon
HIGH 11:47 Height 9.1 LOW 5:32 Height 0.3 Sunrise 5:30	SUNDAY <b>25</b> FULL MOON	HIGH 11:51 Height 10.3 LOW 5:34 Height 1.1 Sunset 8:12	HIGH 3:52 Height 9.1 LOW 10:00 Height 1.1 Sunrise 5:37	SUNDAY <b>1</b>	HIGH 4:14 Height 9.5 LOW 10:29 Height 1.2 Sunset 8:04
HIGH — Height — LOW 6:12 Height 0.2 Sunrise 5:31	MONDAY <b>26</b>	HIGH 12:26 Height 9.2 LOW 6:17 Height 1.0 Sunset 8:11	HIGH 4:38 Height 8.8 LOW 10:44 Height 1.4 Sunrise 5:38	MONDAY <b>2</b> LAST QUARTER	HIGH 4:58 Height 9.5 LOW 11:19 Height 1.3 Sunset 8:03
HIGH 12:32 Height 10.3 LOW 6:50 Height 0.3 Sunrise 5:32	TUESDAY <b>27</b>	HIGH 1:04 Height 9.3 LOW 6:58 Height 1.0 Sunset 8:10	HIGH 5:27 Height 8.5 LOW 11:32 Height 1.6 Sunrise 5:39	TUESDAY <b>3</b>	HIGH 5:47 Height 9.6 LOW — Height — Sunset 8:02
HIGH 1:11 Height 10.2 LOW 7:26 Height 0.3 Sunrise 5:33	WEDNESDAY <b>28</b>	HIGH 1:40 Height 9.4 LOW 7:38 Height 0.9 Sunset 8:09	HIGH 6:21 Height 8.3 LOW 12:13 Height 1.3 Sunrise 5:40	WEDNESDAY <b>4</b>	HIGH 6:39 Height 9.7 LOW 12:24 Height 1.7 Sunset 8:01
HIGH 1:49 Height 10.0 LOW 8:03 Height 0.4 Sunrise 5:34	THURSDAY <b>29</b>	HIGH 2:17 Height 9.5 LOW 8:19 Height 1.0 Sunset 8:08	HIGH 7:18 Height 8.3 LOW 1:09 Height 1.1 Sunrise 5:41	THURSDAY <b>5</b>	HIGH 7:35 Height 10.0 LOW 1:20 Height 1.6 Sunset 7:59
HIGH 2:28 Height 9.8 LOW 8:41 Height 0.6 Sunrise 5:35	FRIDAY <b>30</b>	HIGH 2:54 Height 9.5 LOW 9:00 Height 1.0 Sunset 8:06	HIGH 8:17 Height 8.5 LOW 2:08 Height 0.8 Sunrise 5:42	FRIDAY <b>6</b>	HIGH 8:32 Height 10.4 LOW 2:18 Height 1.3 Sunset 7:58
HIGH 3:09 Height 9.5 LOW 9:19 Height 0.8 Sunrise 5:36	SATURDAY <b>31</b>	HIGH 3:33 Height 9.5 LOW 9:44 Height 1.1 Sunset 8:05	HIGH 9:15 Height 8.9 LOW 3:05 Height 0.3 Sunrise 5:43	SATURDAY <b>7</b>	HIGH 9:29 Height 10.8 LOW 3:15 Height 0.9 Sunset 7:57
JULY			AUGUST		

Eastern Standard Time - Corrected For Daylight Saving Time