

2010

AUGUST

2010

Morning	BOSTON	Afternoon	Morning	BOSTON	Afternoon
HIGH 10:11 Height 9.4 LOW 4:00 Height -0.3 Sunrise 5:44	SUNDAY 8	HIGH 10:25 Height 11.3 LOW 4:11 Height 0.4 Sunset 7:56	HIGH 3:48 Height 10.5 LOW 9:54 Height -0.3 Sunrise 5:52	SUNDAY 15	HIGH 4:12 Height 11.1 LOW 10:31 Height -0.4 Sunset 7:46
HIGH 11:05 Height 10.0 LOW 4:53 Height -0.8 Sunrise 5:45	MONDAY 9 NEW MOON	HIGH 11:19 Height 10.7 LOW 5:06 Height -0.2 Sunset 7:54	HIGH 4:46 Height 9.9 LOW 10:48 Height 0.3 Sunrise 5:53	MONDAY 16 FIRST QUARTER	HIGH 5:09 Height 11.7 LOW 11:31 Height 0.1 Sunset 7:44
HIGH 11:56 Height 10.6 LOW 5:43 Height -1.3 Sunrise 5:47	TUESDAY 10	HIGH — Height — LOW 5:59 Height -0.7 Sunset 7:53	HIGH 5:48 Height 9.3 LOW 11:46 Height 0.9 Sunrise 5:54	TUESDAY 17	HIGH 6:08 Height 10.3 LOW — Height — Sunset 7:43
HIGH 12:13 Height 11.9 LOW 6:33 Height -1.5 Sunrise 5:48	WEDNESDAY 11	HIGH 12:46 Height 11.1 LOW 6:52 Height -1.1 Sunset 7:51	HIGH 6:52 Height 8.8 LOW 12:34 Height 0.5 Sunrise 5:55	WEDNESDAY 18	HIGH 7:10 Height 10.0 LOW 12:46 Height -1.3 Sunset 7:41
HIGH 1:06 Height 11.9 LOW 7:22 Height -1.5 Sunrise 5:49	THURSDAY 12	HIGH 1:36 Height 11.4 LOW 7:45 Height -1.2 Sunset 7:50	HIGH 7:57 Height 8.6 LOW 1:39 Height 0.7 Sunrise 5:56	THURSDAY 19	HIGH 8:12 Height 9.9 LOW 1:48 Height 1.6 Sunset 7:40
HIGH 1:59 Height 11.6 LOW 8:12 Height -1.3 Sunrise 5:50	FRIDAY 13	HIGH 2:27 Height 11.5 LOW 8:39 Height -1.1 Sunset 7:49	HIGH 8:58 Height 8.6 LOW 2:42 Height 0.8 Sunrise 5:57	FRIDAY 20	HIGH 9:10 Height 9.9 LOW 2:47 Height 1.6 Sunset 7:38
HIGH 2:53 Height 11.2 LOW 9:02 Height -0.9 Sunrise 5:51	SATURDAY 14	HIGH 3:18 Height 11.4 LOW 9:34 Height -0.8 Sunset 7:47	HIGH 9:53 Height 8.7 LOW 3:38 Height 0.8 Sunrise 5:58	SATURDAY 21	HIGH 10:02 Height 9.9 LOW 3:42 Height 1.4 Sunset 7:37
	AUGUST			AUGUST	

Eastern Standard Time - Corrected For Daylight Saving Time

2010

AUG-SEPT

2010

Morning	BOSTON	Afternoon	Morning	BOSTON	Afternoon
HIGH 10:40 Height 8.9 LOW 4:26 Height 0.7 Sunrise 5:59	SUNDAY 22	HIGH 10:48 Height 10.0 LOW 4:29 Height 1.2 Sunset 7:35	HIGH 2:39 Height 9.4 LOW 8:44 Height 0.9 Sunrise 6:07	SUNDAY 29	HIGH 2:54 Height 9.8 LOW 9:11 Height 0.8 Sunset 7:24
HIGH 11:20 Height 9.2 LOW 5:07 Height 0.6 Sunrise 6:00	MONDAY 23	HIGH 11:29 Height 10.1 LOW 5:13 Height 1 Sunset 7:34	HIGH 3:20 Height 9.1 LOW 9:24 Height 1.2 Sunrise 6:08	MONDAY 30	HIGH 3:35 Height 9.7 LOW 9:56 Height 0.9 Sunset 7:22
HIGH 11:57 Height 9.4 LOW 5:44 Height 0.5 Sunrise 6:01	TUESDAY 24 FULL MOON	HIGH — Height — LOW 5:53 Height 0.8 Sunset 7:32	HIGH 4:05 Height 8.8 LOW 10:08 Height 1.4 Sunrise 6:09	TUESDAY 31	HIGH 4:20 Height 9.7 LOW 10:46 Height 1 Sunset 7:20
HIGH 12:08 Height 10.1 LOW 6:20 Height 0.5 Sunrise 6:02	WEDNESDAY 25	HIGH 12:32 Height 9.6 LOW 6:32 Height 0.7 Sunset 7:30	HIGH 4:55 Height 8.5 LOW 10:58 Height 1.6 Sunrise 6:10	WEDNESDAY 1 LAST QUARTER	HIGH 5:10 Height 9.7 LOW 11:40 Height 1.1 Sunset 7:19
HIGH 12:45 Height 10.0 LOW 6:55 Height 0.5 Sunrise 6:03	THURSDAY 26	HIGH 1:07 Height 9.7 LOW 7:11 Height 0.6 Sunset 7:29	HIGH 5:50 Height 8.4 LOW 11:53 Height 1.7 Sunrise 6:11	THURSDAY 2	HIGH 6:06 Height 9.8 LOW — Height — Sunset 7:17
HIGH 1:22 Height 9.9 LOW 7:30 Height 0.6 Sunrise 6:05	FRIDAY 27	HIGH 1:41 Height 9.8 LOW 7:50 Height 0.6 Sunset 7:27	HIGH 6:50 Height 8.4 LOW 12:39 Height 1.0 Sunrise 6:12	FRIDAY 3	HIGH 7:06 Height 10.0 LOW 12:52 Height 1.6 Sunset 7:15
HIGH 2:00 Height 9.6 LOW 8:06 Height 0.7 Sunrise 6:06	SATURDAY 28	HIGH 2:17 Height 9.8 LOW 8:29 Height 0.7 Sunset 7:25	HIGH 7:51 Height 8.7 LOW 1:39 Height 0.7 Sunrise 6:13	SATURDAY 4	HIGH 8:08 Height 10.4 LOW 1:54 Height 1.2 Sunset 7:14
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